

# THE CASSEL HOSPITAL

FOR

FUNCTIONAL NERVOUS DISORDERS

(Founder: The Right Honourable SIR ERNEST CASSEL, G.C.B., G.C.M.G., G.C.V.O.)

PATRON:

HER MAJESTY QUEEN MARY.



## Report and Accounts

FOR THE YEAR ENDED

31st DECEMBER, 1937.



SWAYLANDS, PENSHURST, KENT.

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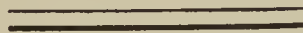
HER MAJESTY QUEEN MARY.



## Report and Accounts

FOR THE YEAR ENDED

31st DECEMBER, 1937.



SWAYLANDS, PENSHURST, KENT.

# The Cassel Hospital for Functional Nervous Disorders.

(Founder : The Right Honourable Sir ERNEST CASSEL, G.C.B., G.C.M.G., G.C.V.O.)

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## *Patron.*

HER MAJESTY QUEEN MARY.

## *Trustees.*

The Rt. Hon. Sir FELIX CASSEL, Bt., K.C. (Chairman)

Sir COURTAULD THOMSON, K.B.E., C.B.

## *General Committee.*

The Rt. Hon. Sir FELIX CASSEL, Bt., K.C. (Chairman)

Sir E. FARQUHAR BUZZARD, Bt., K.C.V.O., M.D., F.R.C.P.

Lady HELEN CASSEL.

The Rt. Hon. LORD DAWSON OF PENN, P.C., G.C.V.O., K.C.B., K.C.M.G.,  
R. D. GILLESPIE, M.D., F.R.C.P. [M.D., F.R.C.P.]

BERNARD HART, M.D., F.R.C.P.

Sir ARTHUR HURST, M.D., F.R.C.P.

Mrs. JOSHUA

Sir WALTER LANGDON-BROWN, M.D., F.R.C.P.

Lady LOUIS MOUNTBATTEN

GEORGE RIDDOCH, M.D., F.R.C.P.

T. A. ROSS, M.D., F.R.C.P.

J. A. RYLE, M.D., F.R.C.P.

C. P. SYMONDS, M.D., F.R.C.P.

Sir COURTAULD THOMSON, K.B.E., C.B.

Miss WINIFRED THOMSON

## *Consulting Physicians.*

Sir E. FARQUHAR BUZZARD, Bt., K.C.V.O., M.D., F.R.C.P. (Chairman of the  
Medical Committee).

The Rt. Hon. LORD DAWSON OF PENN, P.C., G.C.V.O., K.C.B., K.C.M.G., M.D.,  
R. D. GILLESPIE, M.D., F.R.C.P. [F.R.C.P.]

BERNARD HART, M.D., F.R.C.P.

Sir ARTHUR HURST, M.D., F.R.C.P.

Sir WALTER LANGDON-BROWN, M.D., F.R.C.P.

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J. A. RYLE, M.D., F.R.C.P.

C. P. SYMONDS, M.D., F.R.C.P.

## *Consulting Ophthalmologist.*

A. F. MACCALLAN, C.B.E., M.D., F.R.C.S.

## *Consulting Laryngologist.*

G. SECCOMBE HETT, F.R.C.S.

## *Consulting Gynæcologist.*

E. L. HOLLAND, M.D., F.R.C.P., F.R.C.S.

*Medical Director & Physician.*

C. H. ROGERSON, M.D., M.R.C.P., D.P.M.

*Assistant Physicians.*

CHRISTINE H. SHEARER, M.B., Ch.B.

W. C. M. SCOTT, B.Sc., M.D., (Tor.), D.P.M.

MARION GREAVES, M.R.C.S., L.R.C.P., D.P.M.

DAVID ROSS, M.B., Ch.B., F.R.F.P.S.G.

*Matron.*

Miss D. E. M. BELLETT.

*Bankers.*

MIDLAND BANK LIMITED,

Poultry and Princes Street, London, E.C.2.

*Solicitors.*

Messrs. LEWIS & LEWIS,

Ely Place, E.C.1.

*Auditors.*

Messrs. BARTON, MAYHEW & CO., Chartered Accountants,

Alderman's House, Bishopsgate, London, E.C.2.

*Architect.*

J. MACLAREN ROSS, A.R.I.B.A.

11, Victoria Street, S.W.1.

*Secretary.*

C. HAKE, Swaylands, Penshurst, Kent. (Telephone: Penshurst 345.)

# THE CASSEL HOSPITAL FOR FUNCTIONAL NERVOUS DISORDERS.

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## EIGHTEENTH ANNUAL REPORT OF THE GENERAL COMMITTEE FOR THE YEAR ENDED 31st DECEMBER, 1937.

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### FINANCE.

1. There was an excess of Expenditure over Income for the year of £516 13s. 7d. as compared with a Surplus of Income for the previous year of £519 5s. 5d. The deficit is attributable to a reduction of nearly £1,000 in the Income received from Patients, the average number in receipt of treatment having been two per day less than in the previous year. The average weekly contribution per patient was also somewhat lower than previously.

2. The Income from Investments compares favourably with the previous year, the increase of approximately £160 being due to the resumption of full Dividends on the holding of London & North Eastern Railway 4 per cent. First Preference Stock. Apart from the redemption of £100 6% First Mortgage Debenture Stock of Burt, Boulton & Haywood, Ltd., no changes have taken place in the Investments during the year. The market value of the various investments at the close of the year shows an appreciation of £15,735 over their original cost.

3. The total Expenditure for the year was £240 higher than for the preceding year, the principal increases being in the items of "Provisions" and "Salaries and Wages." A considerable amount of expenditure has been incurred during the year in connection with the renewal of the water mains within the Hospital and on work of a precautionary nature with a view to avoiding damage by storm water.



4. The cost per patient—in which no charge is included in respect of the occupation and use of the Land, Buildings and Equipment donated by the Founder—averaged £7 14s. 4d. per week compared with £7 6s. 2d. in 1936. Statistical comparisons for 1937 and the previous year will be found on page 14 of this Report.

## MEDICAL.

5. As the present Medical Director took up his post at the end of August, it is not proposed to issue a separate Medical Report this year.

6. The Hospital is now full and the demand for vacancies is considerable. It is felt that the object and policy of the Hospital has always to be kept in mind when new cases are admitted. Cases of certifiable mental illness are not eligible. Cases of chronic disorder in which there is little prospect of improvement, are also not suitable. Unless this rule is strictly adhered to the waiting list rapidly becomes long, and urgent cases tend to be excluded for whom there is a real prospect of help. An arrangement has recently been made whereby the Medical Director is able to interview certain cases in London before admission. This has been made possible through the courtesy of the Chairman of the Medical Committee in allowing his consulting room to be used for this purpose. The arrangement has already proved most valuable.

7. The indoor activities and recreations under the care of the Occupations' Officer and the outdoor work and games under the care of the Secretary have been very popular with the patients, and have been a valuable adjunct to treatment. This side of the work requires much patience and organisation on the part of those responsible. The whole approach to the problem of occupations is designed to lay stress upon the needs of the individual, and to encourage him to discover for himself the benefit of active co-operation with others. By regimentation it might be possible to increase the occupational output, but activity of this enforced type would be valueless from the medical point of view.

## GENERAL.

8. The accommodation for patients consisted, as in the previous year, of 64 beds. The average number of beds occupied was 59.33 as compared with 61.94 in the previous year.

9. The patients have produced four one act plays and sketches during the year. Many evenings of games, competitions and whist drives have been arranged; these have been very popular. Ballroom dancing classes have always been well attended. In the occupation department weaving has been the most popular craft, but leatherwork, basketwork and toymaking have been helpful to many; rugmaking has particularly appealed to the men.

10. General structural repairs and annual decorations have been carried out under the supervision of the Architect.

11. The games section continues to be popular. A tractor and triple gang mower have been purchased and considerable improvements have been carried out on the golf course by patients with the assistance and advice of the gardening staff. Golf is increasingly popular and forms a very great asset both in occupational interest and recreation for the patients. A local golf professional now visits the Hospital once a week to give lessons to patients who wish to avail themselves of his services. Cricket matches were arranged during the summer and every Saturday a team of patients, augmented when necessary by members of the staff, took the field against local clubs. Several Hockey matches were arranged during the winter. Continued interest has been shown in Tennis, Badminton and Billiards and there have been many competitions.

12. Several friends and patients have given books to the Hospital Library, and these gifts are very much appreciated.

13. The Committee paid their usual annual visit to the Hospital on the 22nd May. Individual members of the Committee also visited the Hospital at various times.



14. At Christmas there was the usual Christmas Tree. Dances were held and there was a performance by a first-class Conjuror and Entertainers.

15. The Committee desire to take the opportunity of placing on record how much the Hospital is indebted to the Medical, Nursing, Administrative and other staffs, for the care, zeal and ability which they have shown in the discharge of their duties.

### STAFF.

16. In August, Dr. Cuthbert H. Rogerson, M.D., M.R.C.P., D.P.M., was appointed Medical Director, vice Dr. E. W. Anderson, M.D., M.R.C.P., D.P.M., resigned.

17. In October, Dr. David Ross, M.B., Ch.B., F.R.F.P.S.G., who held the post of temporary Medical Officer during the summer of 1936, was appointed Assistant Physician, vice Dr. R. F. T. Grace, M.D., M.R.C.P., resigned.

18. Dr. W. L. Woods, M.D. (Tor.) was engaged as locum tenens during the summer holidays from May to August, inclusive.

By Order of the General Committee,

FELIX CASSEL,

1st March, 1938.

*Chairman.*

# THE CASSEL HOSPITAL FOR

Dr.

## INCOME AND EXPENDITURE ACCOUNT FOR

### INCOME.

£ s. d.      £ s. d.      £ s. d.

#### ORDINARY—

#### I. RECEIPTS ON ACCOUNT OF SERVICES RENDERED.

##### (a) FROM PATIENTS—

Fees	...	...	...	...	16,753	18	1	
Car Hire	...	...	...	...	222	0	11	
Laundry	...	...	...	...	170	7	8	
Visitors' and Special Nurses' Board	...	...	...	...	215	6	11	
								17,361 13 7

##### (b) OTHER RECEIPTS—

Garage	...	...	...	...	130	13	6	
Laundry	...	...	...	...	9	2	10	
Visitors	...	...	...	...	2	15	9	
								142 12 1
								17,504 5 8

#### II. INVESTED PROPERTY.

Interest, Dividends, etc.	...	...	...	...				5,801 6 2
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#### SPECIAL—

1. Workshops	...	...	...	...				47 17 8
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*Carried forward* £23,353 9 6

# FUNCTIONAL NERVOUS DISORDERS.

THE YEAR ENDED 31st DECEMBER, 1937.

Cr.

EXPENDITURE.				£	s.	d.	£	s.	d.
ORDINARY.									
1. PROVISIONS—									
Meat	...	...	..	1,011	7	10			
Fish, Poultry, etc...	...	...	...	945	6	9			
Butter, Bacon, etc.	...	...	...	609	5	7			
Eggs	...	...	...	320	16	10			
Milk	...	...	...	590	16	4			
Bread, Flour, etc.	...	...	...	236	9	2			
Grocery	...	...	...	830	0	8			
Vegetables and Fruit	...	...	...	959	2	9			
Aerated Waters	...	...	...	5	9	0			
Flowers, Plants, etc.	...	...	...	96	0	0			
							5,604	14	11
II. SURGERY AND DISPENSARY—									
Drugs, Chemicals, Disinfectants	...	...	...	115	9	11			
Dressings, Bandages, etc.	...	...	...	12	14	11			
Instruments and Appliances	...	...	...	7	13	11			
Wines and Spirits	...	...	...		14	0			
Sundries	...	...	...	2	3	4			
							138	16	1
III. DOMESTIC—									
Renewals and Repairs Fund—Furniture and Equipment...	...	...	...	370	1	0			
Renewals and Repairs Fund—Hardware, Crockery, Brushes, etc...	...	...	...	185	1	0			
Laundry	...	...	...	832	5	5			
Cleaning and Chandlery	...	...	...	134	4	10			
Lighting and Heating	...	...	...	1,895	2	6			
Water	...	...	...	173	2	5			
Uniforms	...	...	...	61	2	9			
Sundries	...	...	...	27	15	6			
							3,678	15	5
IV. SALARIES AND WAGES—									
Medical	...	...	...	3,850	0	11			
Nursing	...	...	...	1,488	10	1			
Carpenters, Stokers and Mechanics, etc.	...	...	...	797	11	3			
Porters	...	...	...	447	2	9			
Domestic	...	...	...	1,341	19	0			
Masseurs	...	...	..	351	14	8			
							8,276	18	8
V. MISCELLANEOUS—									
Insurance	...	...	...	141	15	8			
Telephone	...	...	...	56	4	7			
							198	0	3
VI. ADMINISTRATION—									
Salaries	...	...	...	1,086	12	1			
Printing and Stationery	...	...	...	158	5	9			
Postages, Telegrams	...	...	...	62	6	8			
Advertisements	...	...	...	23	19	0			
Accountancy and Audit Fees	...	...	...	214	0	0			
Legal Charges	...	...	...	6	16	6			
Travelling Expenses	...	...	...	38	5	10			
Sundries	...	...	...	82	2	8			
							1,672	8	6
Carried forward							£19,569	13	10

Dr.

## INCOME AND EXPENDITURE ACCOUNT FOR

INCOME (*Contd.*)

£ s. d.

*Brought forward*

23,353 9 6

*Balance being—* EXCESS EXPENDITURE OVER INCOME FOR  
THE YEAR TRANSFERRED TO BALANCE  
SHEET ... ..

23,353 9 6

516 13 7

£23,870 3 1

## EXPENDITURE (Contd.)

£	s.	d.	£	s.	d.	£	s.	d.
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*Brought forward*

19,569 13 10

## VII. ESTABLISHMENT—

Renewals and Repairs	...	...	...	902	5	0		
Upkeep of Farm and Garden	...	...	...	295	9	6		
Sewerage	...	...	...	98	5	5		
							1,295	19 11

## VIII. TRANSPORT—

Wages	...	...	...	257	4	3		
Tyres, Petrol, Oil, etc.	...	...	...	210	7	8		
Renewals and Repairs	...	...	...	14	0	2		
Licences and Insurance	...	...	...	57	18	10		
Car Hire and Sundries	...	...	...	47	15	4		
Uniforms	...	...	...	9	2	3		
							596	8 6

## IX. RATES AND TAXES.

Rates and Taxes	...	...	...	384	18	0		
Tithes	...	...	...	18	9	3		
							403	7 3

TOTAL ORDINARY EXPENDITURE	...	...					21,865	9 6
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## SPECIAL.

## I. PATIENTS' ENTERTAINMENTS—

Games	...	...	...	90	4	8		
Library Books, etc.	...	...	...	39	6	3		
Entertainments	...	...	...	43	1	5		
							172	12 4

II. WORKSHOPS—	...	...	...	...		227	0 0
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III. RENEWALS AND REPAIRS FUND—					1,500	0 0
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IV. EDUCATIONAL GRANT TO CHILDREN OF DECEASED EMPLOYEE					33	8 9
--	--	--	--	--	----	-----

V. GRANTS TO EX-EMPLOYEES	...	...	...		71	12 6
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						2,004	13 7
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						£23,870	3 1
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# THE CASSEL HOSPITAL FOR

Dr.

## BALANCE SHEET,

	£	s.	d.	£	s.	d.
CREDITORS AND ACCRUED EXPENSES ... ..				2,936	12	11
MEDICAL DIRECTOR'S SPECIAL FUND ... ..				21	13	11
RENEWALS AND REPAIRS FUND— ... ..				2,355	6	2
RESERVE FUND—						
As at 1st January, 1937 . . . . .				7,000	0	0
TRUST CAPITAL ACCOUNT—						
As at 1st January, 1937	215,536	7	7			
Less: Loss on Redemption of Investment ...		3	1	3		
				215,533	6	4
INCOME AND EXPENDITURE ACCOUNT—						
Balance as at 1st January, 1937 ... ..	8,177	0	7			
Less: Excess of Expenditure over Income for the year ended 31st December, 1937 ... ..		516	13	7		
				7,660	7	0
THE KATHARINE WALEY COHEN TRUST FUND—per contra gift for specific purposes subject to Life Annuity ...				235,507	6	4
				1,900	0	0
THE HELEN GERTRUDE KLAASSEN TRUST FUND—per contra gift for special purposes ... ..				500	0	0

£237,907 6 4

# FUNCTIONAL NERVOUS DISORDERS.

31st DECEMBER, 1937

Cr.

CASH AT BANKERS AND IN HAND—						£	s.	d.	£	s.	d.
Midland Bank, Limited (Poultry E.C.2)	...	...	...	...	...	528	18	6			
In " " " (Tunbridge Wells)	...	...	...	...	...	909	4	4			
In Hand	...	...	...	...	...	4	7	10			
									1,442	10	8
DEBTORS AND PAYMENTS IN ADVANCE									672	4	5
INTEREST ACCRUED ON INVESTMENTS									1,620	2	4
INVESTMENTS AT COST—											
£5,500 The Cunard Steamship Co., Ltd.											
5 % Mortgage Debenture Stock	...	...	...	...	...	5,333	15	0			
£26,862/19/10 India 3% Stock	...	...	...	...	...	14,777	7	0			
£9,970/5/11 3½% War Loan	...	...	...	...	...	9,837	8	3			
£10,000 India 4½% Loan, 1950/55	...	...	...	...	...	9,041	10	0			
£1,230 Burt, Boulton & Haywood Ltd.,											
6% 1st Mortgage Debenture Stock	...	...	...	...	...	1,267	13	6			
£18,711/13/6 Local Loans 3% Stock	...	...	...	...	...	14,592	17	9			
£10,000 Birmingham Corporation 4½% Redeemable Stock, 1945/55	...	...	...	...	...	9,853	15	0			
£10,000 London County 5% Consolidated Stock, 1940/60	...	...	...	...	...	10,281	17	0			
£10,796/9/7 Commonwealth of Australia 5% Registered Stock, 1945/75	...	...	...	...	...	10,748	15	8			
£4,029/5/0 Union of S. Africa 5% Loan, 1945/75	...	...	...	...	...	4,000	0	0			
£15,030/5/6 Consolidated 4% Stock	...	...	...	...	...	14,982	17	0			
£7,200 London & North Eastern Railway 4% 1st Preference Stock	...	...	...	...	...	4,973	8	9			
£5,000 Palestine 5% Loan, 1942/67	...	...	...	...	...	5,084	15	6			
£3,237/13/6 3½% Conversion Loan, 1961	...	...	...	...	...	2,476	19	7			
£500 London Transport 5% "A" Stock	...	...	...	...	...	496	18	0			
£2,500 Bass Ratcliff & Gretton Ltd., 3½% "B" Mortgage Debenture Stock	...	...	...	...	...	2,572	19	6			
£2,500 Barclay Perkins & Co., Ltd., 3½% Mortgage Debenture Stock	...	...	...	...	...	2,543	11	6			
£1,500 Bristol Corporation 3% Loan 1958/63	...	...	...	...	...	1,491	12	3			
(Market Value £140,093 16 2)									124,358	1	3
SUNDRY STOCKS—											
Provisions	...	...	...	...	...	110	5	9			
Domestic Stocks	...	...	...	...	...	144	11	2			
Petrol	...	...	...	...	...	14	0	7			
Live Stock	...	...	...	...	...	206	6	3			
Horse, Harness, etc.	...	...	...	...	...	8	6	8			
Shop	...	...	...	...	...	50	6	7			
									533	17	0
FURNITURE AND EQUIPMENT											
As at 1st January, 1937	...	...	...	...	...				18,601	0	6
MOTOR CARS—Value written off.									—	—	—
LAND AND BUILDINGS—											
As at 1st January, 1937	...	...	...	...	...				88,279	10	2
THE KATHARINE WALEY COHEN TRUST FUND per contra—									235,507	6	4
£2,000 "Shell" Transport & Trading Co., Limited, 5% 1st Preference Stock. Fully paid—(Market Value £2,600)	...	...	...	...	...				1,900	0	0
THE HELEN GERTRUDE KLAASSEN TRUST FUND per contra—											
£496 4 6 3½% War Loan at cost (Market Value £504 18 2)	...	...	...	...	...				500	0	0
									£237,907	6	4

*We have Audited the above Balance Sheet dated 31st December, 1937, and have obtained all the information and explanations we have required. In our opinion such Balance Sheet is properly drawn up so as to exhibit a true and correct view of the state of affairs, according to the best of our information and the explanations given to us and as shown by the books of the Hospital.*

ALDERMAN'S HOUSE, BISHOPSGATE,  
LONDON, E.C.2.

1st March, 1938.

BARTON, MAYHEW & Co.,  
Chartered Accountants.

# STATISTICAL TABLES FOR THE YEAR ENDED 31st DECEMBER, 1937

## and comparison with the Year ended 31st December, 1936.

### ACCOMMODATION.

	1937	1936
Number of available beds .. ...	64	64
Average number of patients resident daily ...	59·33	61·94
Number of admissions during the period ...	143	140
Number of discharges during the period ...	147	132
Number remaining at 31st December ...	59	63

### EXPENDITURE.

ORDINARY.	Expenditure for the year ended 31st Dec., 1937.			Average weekly cost per patient during 1937.			Average weekly cost per patient during 1936.		
	£	s.	d.	£	s.	d.	£	s.	d.
Provisions ... ..	5,604	14	11	1	16	3	1	14	0
Surgery and Dispensary ... ..	138	16	1		11			1	1
Domestic... ..	3,678	15	5	1	3	9	1	3	1
Salaries and Wages ... ..	8,276	18	8	2	13	6	2	9	10
Miscellaneous ... ..	198	0	3		1	4		1	2
Administration ... ..	1,672	8	6	10	9		10	0	
Establishment ... ..	1,295	19	11		8	5		8	1
Transport ... ..	596	8	6		3	10		3	11
Rates and Taxes ... ..	403	7	3		2	7		2	5
	21,865	9	6	7	1	4	6	13	7

### SPECIAL.

Patients' Entertainments... ..	172	12	4	1	1		1	4	
Workshops ... ..	227	0	0	1	6		1	5	
Renewals and Repairs Fund ... ..	1,500	0	0	9	8		9	3	
Educational Grant ... ..	33	8	9		3			3	
Grants ... ..	71	12	6		6			4	
TOTAL COST FOR THE PERIOD ...	£23,870	3	1	£7	14	4	£7	6	2









